

WEDDING DOUGHNUT

Serving Size: 68.5 Avg

Average Quantities	Per Serving	Per 100g
Energy	1190kJ 284Cal	1740kJ 415Cal
Protein	3.2g	4.6g
Fat - Total	15.2g	22.3g
- Saturated	8.9g	12.9g
Carbohydrates	33.7g	49.1g
- Sugars	21.5g	31.4g
Sodium	96mg	140mg

Ingredients:

Doughnut (56%) (**Wheat** Flour, Vegetable Shortenings, Water, Sugar, Yeast, Emulsifier (471-**Soy**), Salt, **Wheat Gluten**, Acidity Regulator (341), Yeast Doughnut Concentrate ((Mineral Salts (516, 517), Flavour, Food Acids (300, 341 (ii), 341 (iii), 342 (ii))), Stabiliser (1100)), Preservative (263), **Milk** Solids, Thickener (466), **Egg** Yolk Powder), Glaze (Sugar, **Wheat** Starch, Mineral Salt (170), Thickeners (406), Emulsifiers (471, 491), Flavours, Salt), White Compound (23%) (Sugar, Vegetable Fat, **Milk** Solids (28%), Emulsifiers (**Soya** Lecithin, 492), Flavours). White Nonpareils (Sugar, Tapioca Starch, Glazing Agent (903)). **CONTAINS: Gluten Cereals (Wheat), Egg, Milk, Soybean MAY CONTAIN: Peanuts, Tree Nuts, Lupin, Sulphites** and **Sesame**